

St Mary's PE and School Sport Funding 2022 – 2023

St Mary's biblical school vision:

John 15 vs 12: I am the vine and you are the branches. If you remain with me and I with you then you will bear much fruit. Love one another as I have loved you.

About the PE and Sports Premium

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The School sport and activity action plan sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officer's guidelines - which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

How to use the PE and Sport Premium

Schools must use the funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport they provide. This includes any carried forward funding.

This means you must use the PE and sport premium to:

- Develop or add to the PE, physical activity and sport that your school provides
- Build capacity and capability within the school to ensure that improvements made now are sustainable and will benefit pupils joining the school in future years

You should use the PE and sport premium to secure improvements in the following 5 key indicators.

Engagement of all pupils in regular physical activity, for example by:

- Providing targeted activities or support to involve and encourage the least active children
- Encouraging active play during break times and lunchtimes
- Establishing, extending or funding attendance of sports clubs and activities and holiday clubs, or broadening the variety offered
- Adopting an active mile initiative
- Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2 – every child should leave primary school able to swim

Accountability and School Compliance

Headteachers and school leaders are accountable for how they use the PE and sport premium funding allocated to them. They must spend the grant for the purpose it was provided – to make additional and sustainable improvements to the PE, sport and physical activity offered. They are held accountable for the decisions they make and must publish details of how they spend the PE and Sports Premium online

Online reporting must clearly show:

- The amount of PE and Sports Premium received
- A full breakdown of how it has been spent

- The impact the school has seen on pupils' PE, physical activity and sport participation and attainment
- How the improvements will be sustainable in the future

Also, the school is required to publish the percentage of pupils within the year 6 cohort who met the national curriculum requirements in swimming

Funding at St Mary's

At St Mary's Primary School, we believe that sport plays a crucial role contributing to the health and mental well-being of our children. We also believe that sporting excellence and participation go hand in hand with academic standards. We have used the Sport Funding to strengthen and improve our provision in the following ways:

- To employ a Sports Coach to teach PE and devise clubs that progressively develop our children
- To support and engage the least active children through new/additional sports and health clubs.
- To attend sport competitions and increase pupils' participation in school games.
- To buy quality assured professional development modules /materials for PE and sport.
- To provide places for pupils in after school and lunchtime sports clubs.
- To provide quality sportswear for all the pupils participating in competitive sports.
- To offer opportunities for pupils to try a range of different sports helping to promote a lifelong enjoyment of sport.

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> ● Each child receives a minimum of 2 hours of PE each week (indoor & outdoor) ● Effective use of sports coaches both in PE lessons and in extra-curricular activities ● Staff involved in a specialist PE CPD and ongoing support from our PE specialist to ensure that all PE lessons are good – outstanding ● Achievement of Gold Games Mark ● The range of clubs that are provided for pupils – before, during lunchtimes and after school ● Increased number of pupils beginning swimming lessons earlier ● Each child has had the opportunity to experience a range of more unusual sports activities ● Successfully implemented our ‘Walk a Mile’ challenge and linked it to our school’s ‘We Cannot Walk Alone’ charity refugee project – improving fitness levels whilst raising money ● Our involvement in Bike Club and Scoot meaning more children now cycle and Scoot to school 	<ul style="list-style-type: none"> ● Create opportunities within the school and the Trust to enable our pupils to participate in a range of competitive sports ● Ensure that our pupils are involved in any sports competitions run with the borough to provide pupils with the opportunity to represent their school ● Continue to improve the confidence and competency of our pupils in their approach to swimming and the number of strokes they are able to perform ● Embed our vision into PE to ensure that it is an intrinsic part of daily practice and that children are aware of the importance of staying healthy ● Provide further opportunities for pupils to work with specialists on a range of less familiar sporting activities, that they may not have tried previously, furthering interest and improving participation of all pupils ● Continue to develop improved pupil attitude to PE and to monitor the impact that this has on their outcomes for behaviour and academic levels

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p>N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.</p>	<p>70%</p>

<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	<p>70%</p>
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	<p>70%</p>
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	<p>No</p>

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Percentage of total expenditure* - Expenditure exceeds allocation.

Academic Year: 2022/23	Total fund allocated: £71,450 Total expenditure: £20,700	Date Updated: September 2022		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total expenditure: 345%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £29,500	Evidence and impact July 2023:	Sustainability and suggested next steps:
To continue promoting the benefits of physical activity to all our pupils, encouraging all children to lead healthy, active lifestyles – ensuring that we have a range of different sports to appeal to all pupils	Professional Sports Coaches to supply their expertise in delivering after school sports clubs based on a range of different sports and disciplines. These will provide pupils with a range of sports experiences that they may not have participated in previously – providing pupils with the opportunity to flourish and grow To provide opportunities for all pupils to attend sports clubs by offering places to pupils across the academic year, to each year group and offering a variety of individual and team sports in a variety of disciplines aimed at improving skills and techniques as well as increasing fitness levels and pupil interest.	£6,500 external qualified coaches £9,200		

	<p>Introduce pupils to a new sporting activity. Offer pupils the opportunity to take part in a sport that they are keen to try, but have not had the opportunity to attempt previously. Use pupil voice to gather ideas and select activities – using local facilities and providers who have mobile equipment</p>	£8,400		
	<p>Teachers to receive top up training and new teacher to be supported by the PE lead to ensure that each child receives two quality PE lessons over the course of every week. The training will incorporate the use of technical language relating to muscles and bones – to enhance children’s understanding of their own bodies and how they are used in sport</p>	£500		
	<p>As a school we will continue to work towards London Healthy Schools Bronze award – with the PE lead and the rest of the staff implementing the action plan successfully.</p>	£400		
	<p>Resources monitored and replaced on a rolling programme – with necessary purchasing of the additional resources required for</p>	£3,500		

	<p>the 2022-23 curriculum – with a focus on the additional new units</p> <p>For the school to undertake specific initiatives and to incorporate aspects that promote healthy living and healthy lifestyles in related aspects of the pupil’s learning</p> <p>For all year groups to be involved in the Walk a Mile programme linked with our ‘We Cannot Walk Alone’ charity initiative. Developing understanding of the plight of others whilst raising funds and increasing fitness levels.</p>	<p>£1,000</p>		
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<p>Key indicator 2: The profile of PESSPA (Physical Education, School Sport and Physical Activity) being raised across the school as a tool for whole school improvement</p>	<p>Percentage of total expenditure key indicator 2:</p> <p>41%</p>
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School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated: £10,200	Evidence and impact July 2023:	Sustainability and suggested next steps:
<p>To provide an increasing number of opportunities to allow all pupils to become involved in sport. For sport to work in partnership with the school's values, to increase pupil's self-esteem and improve behaviour for learning through increased levels of concentration and thereby improving attainment.</p>	<p>To involve teams and individuals in inter-school sporting events held across the borough. For our sports specialist to organise and create events to be held at St Mary's and at the other GET schools – with competitions and events held across the Trust.</p>	<p>£500</p>		
	<p>A range of activities run during lunchtimes throughout the week – offering pupils a range of clubs that improve aspects intrinsically linked to fair play – reinforcing the school's vision and values</p>	<p>£4,500</p>		
	<p>To continue to renew and replace and maintain playground equipment – introducing new apparatus and encouraging a variety of games to encourage pupils to be active during playtime and lunchtime.</p>	<p>£1,000</p>		
	<p>The Sports Coach to target vulnerable pupils during lunchtimes to support them in the playground and reinforce aspects of fair play and the school values – making their</p>	<p>£4,200</p>		

	<p>playtime experience positive and promoting aspects of fair play and sportsmanship that they can apply independently</p> <p>Our School vision and values run through our whole curriculum and PE and Games is no different. We will continue to reinforce aspects of this by actively teaching sportsmanship and fellowship in line with our school vision and school values</p>			
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total expenditure indicator 3:
				14%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact July 2023:	Sustainability and suggested next steps:
<p>School focus with clarity on intended impact on pupils:</p> <p>Continue with an ongoing training programme for MDAs, support staff and volunteers – to update and extend supervised lunchtime activities.</p> <p>Ongoing support and development for all staff teaching PE and Games to ensure that the delivery of all lessons and extra-curricular activity, extends pupils abilities and that all pupils are active throughout the lesson</p> <p>To involve the pupils in their assessment of PE and sport through carefully planned opportunities for AFL throughout the lesson. This enables pupils to pinpoint their strengths and develop strategies to improve in the areas where they need more practise.</p> <p>All teaching of PE and Games across the school is good to outstanding in all cases.</p>	<p>Regular CPD to support the teaching of PE, delivered to all staff termly. This to be followed up with planning support and team teaching by the PE specialist to members of staff or order to achieve good – outstanding teaching</p> <p>Each lunchtime a member of the SLT is actively involved in lunchtime activities – providing support and reinforcing expectations around sportsmanship and appropriate behaviour.</p> <p>MDAs to continue with their programme of training and development to ensure that they are able to lead on a variety of activities.</p> <p>MDAs to run a series of clubs and activities during lunchtimes – these are to include sports activities including basketball,</p>	<p>£11,125</p> <p>£1,500</p> <p>£8,000</p> <p>£500</p>	<p>Evidence and impact July 2023:</p>	<p>Sustainability and suggested next steps:</p>

	<p>badminton, cricket and football</p> <p>For our PE specialist to undertake all training opportunities to ensure that our sports curriculum and sports training is current, challenging and offers all pupils the best approaches and newest ideas. https://www.creativeeducation.co.uk/course/7962</p> <p>Our PE specialist to work alongside our ECTs – to support and develop their approach to teaching PE and Games. They will plan activities as well as team teach with a focus on the progression of all pupils.</p> <p>To continue with our subscription to Get Set 4 PE - used as a resource to support staff with their PE planning, providing a breakdown of different skills.</p> <p>Use Get Set 4 PE as a planning tool for staff. Planning support using this resource from the PE specialist where necessary, demonstrating the clearly structure in Get Set 4 PE planning and the links with key skills made throughout the approach</p>	<p>£475</p> <p>£650</p>		
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	The curriculum and teaching and learning is under constant review at St Mary's. Last year's monitoring cycle was highly successful and a this will be further developed and implemented for the 2022-23 academic year. The Sports Leader will work with SLT to monitor pitch, progression, sequence and progress in PE.			
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total expenditure key indicator 4:
				16%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact July 2023:	Sustainability and suggested next steps:
To offer every child the opportunity to experience a broad range of extra-curricular activities, including a variety of more unusual and unfamiliar sports – which they might not have had the opportunity to try before. This will increase the chances for some children in finding a sport in which they can be successful as well as engaging and exciting them.	We will include a wide range of unusual and unfamiliar sports in our sports' offer and will actively seek out organisations and providers who can deliver a programme or standalone experience for the pupils at St Mary's. We will engage with specials locally who can deliver a range of sports within PE lessons and as part of our extra-curricular programme. Use our experienced Sports Coaches to explore more unusual	£11,125 £4,000 £1,000		

	disciplines and develop children's abilities and interest in a plethora of sports			
	Children to experience aspects of outside learning through external providers (Forest School). They will have the opportunity to learn about the natural environment in an open/forest space where they will explore and be involved in a series of activities that are designed to develop their team work skills and their resilience – whilst nurturing their mental wellbeing through the physical experience of being outdoors.	£4,500		

Key indicator 5: Increased participation in competitive sport				Percentage of total expenditure key indicators 4 and 5:
				29%

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £9,500	Evidence and impact July 2023:	Sustainability and suggested next steps:
To increase the involvement of all pupils in competitive sport within the school, the Trust and beyond. Enabling children to develop both the physical and social skills that are required in competitive situations –	To create and develop opportunities for the pupils in each year group to compete competitively between classes in a number of sporting disciplines. Creating mini- competitions			

<p>learning how to win and lose graciously, as well as applying their sense of fair play and developing a sense of pride in representing their school in a sporting context.</p>	<p>between classes</p> <p>Promoting a wide range of sports and inspiring our pupils to attend classes and join groups in the local area – during their Primary School years and beyond – developing a lifelong love of sport. Sports equipment/sports clothing</p> <p>Organise inter school friendly competitions and tournaments across the Trust, in football, basketball and hockey. Each school to host a tournament or competition in a particular sport or across a whole discipline (athletics) to give as many pupils as possible the opportunity to represent their school.</p>	<p>£1,000</p> <p>£1,000</p>		
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Total Sports premium expenditure £71,450				

Percentage of total expenditure* - Expenditure exceeds allocation.