We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.







All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal infant FREE school meals and can benefit by £458 per child per year. if your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.

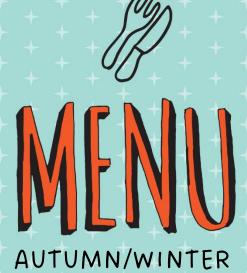


SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



2023-24

Red





WEEK ONE

Vegetable Lasa

WEEK THREI



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Scoop of Vanilla Ice Cream (V)

Mild & Sweet Chicken Curry with Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)
Choice of Filled Jackets or Tomato Pasta
Sweetcorn & Peppers, Cauliflower
Apple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or Chickpea & Veggie Puff with Roasties (Ve)
Choice of Filled Jackets or Tomato Pasta
Broccoli, Sliced Carrot
Strawberry Jelly & Peaches (Ve)

Tuna & Pea Pesto Pasta (Wg)

or Penne with Tomato Super Sauce (Ve)

Choice of Filled Jackets or Tomato Pasta

Green Beans, Swede

Chocolate Mousse with Pears (V)

Fish Fingers or Salmon Fish Fingers with Chips or
Falafel Wrap with Mint Yoghurt & Chips (V)
Choice of Filled Jackets or Tomato Pasta
Baked Beans, Garden Peas
Flapjack (Ve)

6/11/23, 27/11/23, 18/12/23, 8/1/24, 29/1/24, 19/2/24, 11/3/24

Vegetable Lasagne (V) <u>or</u> Lentil & Mushroom Keema Curry with Rice (Ve)

Choice of Filled Jackets or Tomato Pasta

Rainbow Veg

Scoop of Vanilla Ice Cream (V)

Chicken Paella (Wg)

or Margherita Pizza with Jacket Wedges (V)

Choice of Filled Jackets or Tomato Pasta

Choice of Filled Jackets or Tomato Pasta Sweetcorn, Green Beans

Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy <u>or</u> Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)

Choice of Filled Jackets or Tomato Pasta

Cauliflower, Carrot Batons

Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato
Sauce (Wg)

or Penne with Classic Tomato Sauce (Ve)(Wg)
Choice of Filled Jackets or Tomato Pasta
Cabbage, Garden Peas
Banana Custard (V)

Fish Fingers or Salmon Fish Fingers with Chips or Vegeball Marinara Sub with Chips (V) Choice of Filled Jackets or Tomato Pasta

Baked Beans, Garden Peas

Chocolate Shortbread (Ve)

13/11/23, 4/12/23, 25/12/23, 15/1/24, 5/2/24, 26/2/24, 18/3/24

Pizza Mac & Cheese (V) <u>or</u> Mild Sweet Potato & Chickpea Curry with Rice (Ve)

Choice of Filled Jackets or Tomato Pasta

Rainbow Veg

Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)

Choice of Filled Jackets or Tomato Pasta Sweetcorn, Green Beans

Peach & Pineapple Crumble (Ve)(Wg) with

Custard (V)

Roast of the Day with Roasties & Gravy <u>or</u>

Veggie Sausage Toad in the Hole with Roasties &

Gravy (V)

Choice of Filled Jackets or Tomato Pasta

Cabbage, Sliced Carrot

Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg)

or Penne with Beany Bolognese (Ve)(Wg)

Choice of Filled Jackets or Tomato Pasta Swede, Shredded Carrots

Chocolate Mousse with Mandarins (V)

Fish Fingers or Salmon Fish Fingers with Chips or Garden Vegetable Goujons with Chips (Ve)

Choice of Filled Jackets or Tomato Pasta

Baked Beans, Garden Peas

Iced Shortbread (Ve)

30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 4/3/24, 25/3/24

