

**RSE Curriculum Map**

| Year Group       | Relationships- Aut                | Health- Spring                        | Sex Education-Summer                           | Old Curriculum  |
|------------------|-----------------------------------|---------------------------------------|--|---|
| <b>Reception</b> | Myself and Others                 | Hygiene                               |  |   |
|                  | Family Networks                   |                                       |  |   |
|                  | Different Families                |                                       |  |   |
| <b>Year 1</b>    | Myself and Others                 | Choices                               |  |   |
|                  | My Family                         |                                       |  |   |
|                  | Friendships                       |                                       |  |   |
| <b>Year 2</b>    | Differences and Stereotypes       | Lifecycles (Differences: Male/Female) | Naming Body Parts                              | L1: Differences: Boys and Girls   |
|                  | Feelings                          |                                       |  | L2: Differences: Males and Females<br>L3: Naming Body Parts               |
| <b>Year 3</b>    | Appropriate Physical Contact      |                                       | Differences: Males and Females / Body Parts    | L1: Challenging Gender Stereotypes  |
|                  | Family and Support                |                                       |  | L2: Differences: Males and Females / Body Parts<br>L3: Family Differences |
| <b>Year 4</b>    | Feelings                          | Growing and Changing - Life Cycles    | Physical Changes - Puberty                     | L1: Growing and Changing - Life Cycles                                    |
|                  | Healthy Relationships and Respect |                                       | Body Changes and Reproduction                  | L2: Body Changes and Reproduction   |
|                  | Assertiveness                     |                                       |  | L3: Physical Changes - Puberty  |
| <b>Year 5</b>    | Gender Stereotypes                | Healthy Eating                        | Emotional Physical Changes – Puberty / Hygiene | L1: Emotional Physical Changes - Puberty                                  |
|                  | Building Good Relations           |                                       | The Reproductive System                        | L2: Puberty and Hygiene   |
|                  |                                   |                                       | Help and Support                               | L3: Menstruation and Wet Dreams   |
| <b>Year 6</b>    | Relationships and Friendships     |                                       | Puberty and Reproduction                       | L1: Puberty and Reproduction  |
|                  | Responsibilities in Families      |                                       | Relationships and Reproduction                 | L2: Relationships and Reproduction  |
|                  | Online Relationships              |                                       | Families, Conception and Pregnancy             | L3: Conception and Pregnancy  |