



The CofE Federated Schools of St Mary's and St Saviour's **P.E. POLICY**

Ratified: Summer 2020 Reviewed: Every 3
Years Next review: Summer 2023



SCHOOL STATEMENT

Physical Education develops children's physical competence and confidence. It promotes physical skills, development and a knowledge of how the body works. PE provides opportunities for children to be creative, competitive and to face up to challenges as individuals, groups and teams and to help embed values such as fairness and respect.

PE promotes a healthy lifestyle and the possibility of lifelong involvement as a recreational activity. PE also teaches children how to plan, perform and evaluate actions, ideas and performances in order to improve their quality and effectiveness.

AIMS

To cover the content of the National Curriculum programme of study and the Federation's scheme of work for PE. By the end of each key stage, children will be expected to know, apply and understand the matters, skills and processes specified in each key stage programme of study.

TEACHING AND LEARNING

PE will be taught for 2 x 1 hour lessons a week. One lesson being in the gym and the other in the playground.

The planned PE activities should take account of the Programme of Study including the knowledge, skills and concepts specified in the key elements.

There will be opportunity for the children to experience whole class work, group work, paired work and individual work.

There will also be opportunities for the children to develop the key skills of communication, working with others and improving their own learning and performance.

Children are entitled to an equal opportunity to progress and achieve success irrespective of race, gender, social/economic circumstances, physical impairment or ability.

SUBJECT CONTENT KS1

At Key Stage 1 the children should develop the fundamental movement skills of Agility, Balance and Co-ordination. They should apply and develop their knowledge, skills and understanding of:

- Dance Activities
- Games Activities
- Gymnastic Activities
- Athletic Activities

Links with other curriculum areas are to be made where necessary or appropriate.

SUBJECT CONTENT KS2

At Key Stage 2 the children should continue to apply and develop the skills learnt at Key Stage 1. They should develop an understanding of how to improve in different activities and learn how to evaluate and recognise their own success.

The children should apply and develop their knowledge, skills and understanding of:

- Dance Activities
- Games Activities
- Gymnastic Activities
- Swimming Activities
- Athletic Activities
- Outdoor & Adventurous Activities

Links with other curriculum areas are to be made where necessary or appropriate.

PARTICIPATION

Children are expected to participate in all PE lessons, wearing the proscribed School PE kit. Only children providing a relevant/appropriate written letter from home regarding a medical condition should be excused from taking part in the lesson. Written/oral communication with the parent should occur if the child does not have prescribed PE kit at school.

Children at Key Stage 1 without kit should still participate, wearing own clothes.

Children at Key Stage 2 without kit should be given a "child assessment" form to complete.

The Foundation Stage

We encourage the physical development of our children in the reception class as an integral part of their work.

As the Nursery and Reception classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age.

We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Extra-Curricular Activities

The schools provide a range of PE-related activities. These encourage children to further develop their skills in a range of the activity areas. The schools send details of the current club activities to parents at the beginning of each term. Some of these may be from external agencies, for which the schools will need to make a small charge to cover our costs.

DIFFERENTIATION

Differentiation in PE will often occur naturally due to children's own physical abilities. Adapted, modified or alternative activities that have equivalence to the activities in the schemes of work may need to be implemented.

Specific support may need to be and will be given as far as is practicable in certain activities for children with Special Educational Needs or physical issues.

Teacher intervention may need to be given or implemented in certain activities. Careful management of the lesson may need to take place to acknowledge and allow for specific medical conditions.

ASSESSMENT

Assessment in PE will involve:

- Observing the children at work.
- Evaluating their individual, paired, group or team work.
- Termly teacher assessment of which level description best fits the child's general performance at the end of each Key Stage.

HEALTH AND SAFETY

It is the teacher's responsibility to evaluate that all equipment and apparatus to be used are in good condition and safe to use. Any issues regarding the condition of any equipment should be reported to the PE leaders/SLT members on the day that any issues are discovered.

It is the teacher's responsibility to ensure that behaviour management and chosen activities are to a standard which ensures the utmost safety for all children taking part. Behaviour from children which puts health and safety in jeopardy should be addressed following the Federation's Behaviour Management Policy.

Should any child suffer minor or major injuries during a PE session, the teacher must ensure that this is brought to the attention of a First Aider and to check that accident procedures are followed. Eg, accident reports to be completed by the First Aider, calls home to parents/carers made if appropriate. The teacher responsible for the children should ensure that this has taken place.

We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area.

No jewellery is to be worn for any physical activity.

Teachers must ensure that children do not have unsupervised access to the PE cupboard.

Swimming and extra-curricular activities which take place off-site are subject to full risk assessments which will be acted upon.

RESOURCES

The Key Sports scheme of work www.keypesports.co.uk is used across KS1 and 2, covering all areas of the PE curriculum. Reception and Pre-School PE is based on the Early Learning Goals Development Matters descriptors.

Teachers should ensure that equipment is returned to the PE cupboard in the correct space and that this is kept tidy.