

## **20St Mary's PE and School Sport Funding 2025 – 2026**

### **St Mary's biblical school vision:**

*John 15 vs 12: I am the vine and you are the branches. If you remain with me and I with you then you will bear much fruit. Love one another as I have loved you.*

### **About the PE and Sports Premium**

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The School sport and activity action plan sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officer's guidelines - which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

### **How to use the PE and Sport Premium**

Schools must use the funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport they provide. This includes any carried forward funding.

This means you must use the PE and sport premium to:

- Develop or add to the PE, physical activity and sport that your school provides
- Build capacity and capability within the school to ensure that improvements made now are sustainable and will benefit pupils joining the school in future years

You should use the PE and sport premium to secure improvements in the following 5 key indicators.

Engagement of all pupils in regular physical activity, for example by:

- Providing targeted activities or support to involve and encourage the least active children
- Encouraging active play during break times and lunchtimes
- Establishing, extending or funding attendance of sports clubs and activities and holiday clubs, or broadening the variety offered
- Adopting an active mile initiative
- Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2 – every child should leave primary school able to swim

## **Accountability and School Compliance**

Headteachers and school leaders are accountable for how they use the PE and sport premium funding allocated to them. They must spend the grant for the purpose it was provided – to make additional and sustainable improvements to the PE, sport and physical activity offered. They are held accountable for the decisions they make and must publish details of how they spend the PE and Sports Premium online

Online reporting must clearly show:

- The amount of PE and Sports Premium received
- A full breakdown of how it has been spent

- The impact the school has seen on pupils' PE, physical activity and sport participation and attainment
- How the improvements will be sustainable in the future

Also, the school is required to publish the percentage of pupils within the year 6 cohort who met the national curriculum requirements in swimming

## **Funding at St Mary's**

At St Mary's Primary School, we believe that sport plays a crucial role contributing to the health and mental well-being of our children. We also believe that sporting excellence and participation go hand in hand with academic standards. We have used the Sport Funding to strengthen and improve our provision in the following ways:

- To employ a Sports Coach to teach PE and devise clubs that progressively develop our children
- To support and engage the least active children through new/additional sports and health clubs.
- To attend sport competitions and increase pupils' participation in school games.
- To buy quality assured professional development modules /materials for PE and sport.
- To provide places for pupils in after school and lunchtime sports clubs.
- To provide quality sportswear for all the pupils participating in competitive sports.
- To offer opportunities for pupils to try a range of different sports helping to promote a lifelong enjoyment of sport.

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>• Every child takes part in at least two hours of PE each week, with a balance of indoor and outdoor activities.</li> <li>• Sports coaches are effectively engaged in both PE lessons and extracurricular programs.</li> <li>• Staff benefit from ongoing professional development in specialist PE, supported by our PE lead, to ensure consistently high-quality teaching.</li> <li>• A wide variety of clubs are offered to pupils, running before school, at lunchtime, and after school.</li> <li>• Pupils are encouraged to start swimming lessons at an earlier stage.</li> <li>• All children are given the chance to experience a range of alternative and less conventional sports.</li> <li>• Participation in Bike Club and Scoot initiatives has led to more pupils choosing to cycle or scoot to school.</li> </ul>	<ul style="list-style-type: none"> <li>• Provide pupils with opportunities, both within the school and across the Trust, to take part in a wide range of competitive sports.</li> <li>• Actively involve pupils in borough-level competitions, giving them the chance to represent their school.</li> <li>• Build pupils' confidence and ability in swimming, with a focus on increasing the range of strokes they can perform.</li> <li>• Embed our vision for PE into daily practice, highlighting the importance of maintaining a healthy lifestyle.</li> <li>• Broaden access for pupils to work with specialists in less familiar sports, encouraging new interests and greater participation.</li> <li>• Promote positive attitudes towards PE while closely monitoring its impact on pupils' behaviour and academic progress.</li> </ul>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p><b>N.B.</b> Even though your children may swim in another year please report on their attainment on leaving primary school.</p>	70%
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	70%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	70%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	No

## Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Percentage of total expenditure\* - Expenditure exceeds allocation.

Academic Year: 2025/26	Total fund allocated: £20,900 Total expenditure: £42,080	Date Updated: September 2025		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total expenditure: 201%
				Percentage Key indicator 1: 25%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated: £10,725	Evidence and impact July 2026:	Sustainability and suggested next steps:
To continue promoting the benefits of physical activity to all our pupils, we encourage every child to lead a healthy, active lifestyle by ensuring we provide a variety of different sports that appeal to all pupils.	Professional sports coaches will share their expertise in delivering after-school sports clubs encompassing a variety of sports and disciplines. These clubs aim to offer students new sports experiences, fostering opportunities for growth and development.  We aim to provide opportunities for all pupils to participate in sports clubs throughout the academic year, offering places across all year groups. These clubs will feature a variety of individual and team sports across different disciplines, focusing on enhancing skills, techniques, fitness levels, and overall pupil interest.	£6,000 external qualified coaches		

	Teachers will undergo additional training, with new teachers receiving support from the PE lead to ensure each child receives two high-quality PE lessons weekly. This training will include technical language related to muscles and bones, aiming to enhance children's understanding of their bodies and how they function in sports.	£250		
	Resources are monitored and replaced on a rolling basis, with necessary acquisitions made to support the 2025-26 curriculum, prioritising new units and additional resources as needed.	£2250		
	The school will undertake specific initiatives and integrate aspects that promote healthy living and lifestyles into various aspects of pupils' learning, including events like Sports Day, inter school competitions, and Healthy Eating Week.	£2,225		

Key indicator 2: The profile of PESSPA (Physical Education, School Sport and Physical Activity) being raised across the school as a tool for whole school improvement				Percentage of total expenditure key indicator 2: 15%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated: £6,025	Evidence and impact July 2026:	Sustainability and suggested next steps:
To expand opportunities for all pupils to engage in sports, aligning sports activities with the school's values to enhance self-esteem and improve behaviour for learning. This approach aims to boost concentration levels, ultimately enhancing academic achievement.	To engage teams and individuals in inter-school sporting events hosted across the borough, our sports specialist will organise and coordinate events at St Mary's and other GET schools within the Trust. These competitions and events will foster participation and collaboration across the Trust.	£750		
	Throughout the week, the sports coaches use a variety of activities during lunchtimes, providing pupils with clubs that enhance qualities closely linked to fair play. These initiatives reinforce the school's vision and values.	£3,775		
	We will continue to update, replace, and maintain playground equipment, introducing new apparatus and promoting a variety of games to encourage active participation among pupils during playtime and lunchtime.	£1,500		



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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total expenditure indicator 3: 10%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £4175	Evidence and impact July 2026:	Sustainability and suggested next steps:
We will maintain an ongoing training program for MDAs, support staff, and volunteers to continuously improve and expand supervised lunchtime activities.	CPD sessions will be provided to support the teaching of PE for all staff members. This will be followed by planning assistance and team teaching sessions led by the PE specialist, aimed at achieving high-quality teaching standards ranging from good to outstanding.	£500		
Enhanced support and development for all staff teaching PE and Games to ensure that lessons and extracurricular activities extend pupils' abilities and keep all pupils actively engaged throughout each session.	MDAs will run a series of clubs and activities during lunchtimes, including sports such as basketball, badminton, skipping, and football.	£1,800		
To involve pupils in the assessment of PE and sport through structured opportunities for Assessment for Learning (AfL) throughout lessons. This approach allows students to identify their strengths and develop strategies to improve areas needing further practice.	Our PE specialist will participate in all training opportunities to ensure that our sports curriculum and training are current, challenging, and incorporate the latest ideas to provide all pupils with the best possible approaches.	£500		
All teaching of PE and Games across the school is good to outstanding in all cases.	Our PE specialist collaborates with our Early Career Teachers (ECTs) to support and enhance their	£500		

	<p>approach to teaching PE and Games. They will jointly plan activities and engage in team teaching, focusing on the progression of all pupils.</p> <p>We will maintain our subscription to Get Set 4 PE as a resource to assist staff in their PE planning, offering detailed guidance on various skills and activities.</p> <p>Staff will utilise Get Set 4 PE as a planning tool, with additional support from the PE specialist as needed. This resource will demonstrate its structured approach to planning, emphasising the integration of key skills throughout the curriculum.</p>	£875		
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**Key indicator 4: Broader experience of a range of sports and activities offered to all pupils**

School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated: £17380	Evidence and impact July 2026:	Sustainability and suggested next steps:
We aim to provide every child with the opportunity to explore a diverse array of extracurricular activities, including less common and unfamiliar sports they may not have experienced before. This initiative aims to broaden their horizons and increase the likelihood of discovering a sport in	We will incorporate a diverse selection of unusual and unfamiliar sports into our sports offerings. We are committed to actively seeking out organisations and providers who can deliver programs or standalone experiences for the pupils at St Mary's.	£8,900		

<p>which they can excel, while also sparking their interest and enthusiasm.</p>	<p>We will collaborate with local specialists who can lead a variety of sports activities within PE lessons and as part of our extracurricular program. Our experienced Sports Coaches will focus on exploring more unusual disciplines, aiming to enhance children's skills and foster their interest across a wide range of sports.</p> <p>Children will have the chance to engage in outdoor learning experiences facilitated by external providers, such as Forest School sessions. These sessions will take place in natural environments like open or forested spaces, where students will participate in various activities aimed at developing teamwork skills and resilience. The focus will be on nurturing their mental wellbeing through the physical experience of outdoor exploration and interaction with the natural environment.</p>	<p>£2,725</p> <p>£5,755</p>		
<p><b>Key indicator 5: Increased participation in competitive sport</b></p>				<p>Percentage of total expenditure key indicators 4 and 5:</p> <p>50%</p>

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: £3775	Evidence and impact July 2026:	Sustainability and suggested next steps:
We aim to enhance the participation of all pupils in competitive sports within the school, across the Trust, and beyond. This initiative will help children develop essential physical and social skills necessary for competitive settings. They will learn how to handle both victory and defeat gracefully, uphold principles of fair play, and cultivate a sense of pride in representing their school in sports.	<p>We will establish and expand opportunities for pupils in each year group to engage in competitive intra-class sports across various disciplines. This will involve creating mini-competitions between classes to foster participation and friendly rivalry.</p> <p>We aim to promote a diverse range of sports and inspire our pupils to participate in local classes and groups both during their primary school years and beyond. Our goal is to cultivate a lifelong passion for sports, supported by appropriate sports equipment and clothing.</p> <p>Through membership of WFSSN (Waltham Forest School Sports Network), organise inter-school friendly competitions and tournaments across the Trust in football, basketball, and hockey. Each school will host tournaments or competitions in specific sports or across broader disciplines like athletics, ensuring maximum participation opportunities for students to represent their school.</p>	<p>\</p> <p>£2,275</p> <p>£1,500</p>		

Total Sports premium expenditure £42080				

Percentage of total expenditure\* - Expenditure exceeds allocation.